
VAGAL MANEUVERS

FIELD ASSESSMENT/TREATMENT INDICATORS

Stable Narrow Complex Tachycardias

RELATIVE CONTRAINDICATIONS

Hypertension

Suspected acute MI

Suspected head/brain injury

PROCEDURE

1. Explain procedure to patient.
2. Have patient perform one of the following procedures:
 - a. Have the patient pinch his nostrils together, close mouth and blow against a closed glottis
 - b. Have patient bear down as if having a bowel movement
 - c. Have patient submerge face in ice water or apply cold wet washcloth against face (preferred method for infants)
3. All procedures should be performed until arrhythmia is terminated or for a maximum of 10 seconds.
4. Re-evaluate cardiac and hemodynamic status. Document rhythm before, during and after procedure.
5. If rhythm does not convert within 10 seconds, follow Protocol Reference #6004 Adult Tachycardias.